

Nurses and Midwives e-cohort Study



Updating your personal details

As a registered participant of the Nurses and Midwives e-cohort study, it is very important that you keep your contact details up to date, as well as any changes to your employment. In particular, it is crucial that you let us know when you change your email address or mobile phone number. This help sheet shows you how to keep your details up to date.

- Go to the e-cohort homepage at <http://nurses.e-cohort.net>, or click on the Nurses e-cohort study logo at the e-cohort splash page, www.e-cohort.net
- Select the Nurses e-cohort Study
- Click on the “Login” link at the top right hand corner (circled) (Figure One)

The screenshot shows the website interface with the following elements:

- Browser: Microsoft Internet Explorer, address: <http://www.e-cohort.net/>
- Header: Nurses & Midwives e-cohort logo, navigation menu (Home, Investigators, Potential Participants, Current Research Projects, News), and a circled 'Login' link.
- Main Content: A paragraph describing the study's purpose and funding, a photograph of a woman and child, and two columns of news/projects with 'read more' links.
- Footer: 'Sponsors Contact Us' and '© 2006 Nurses and Midwives e-cohort'.

- Your username is your email address
- Your password is your date of birth, in the format (DD/MM/YYYY)

Figure One: Study homepage, with login link circled

- Once logged in to your personalised e-portal, click on the “Update Personal Details” link (circled in Figure Two)

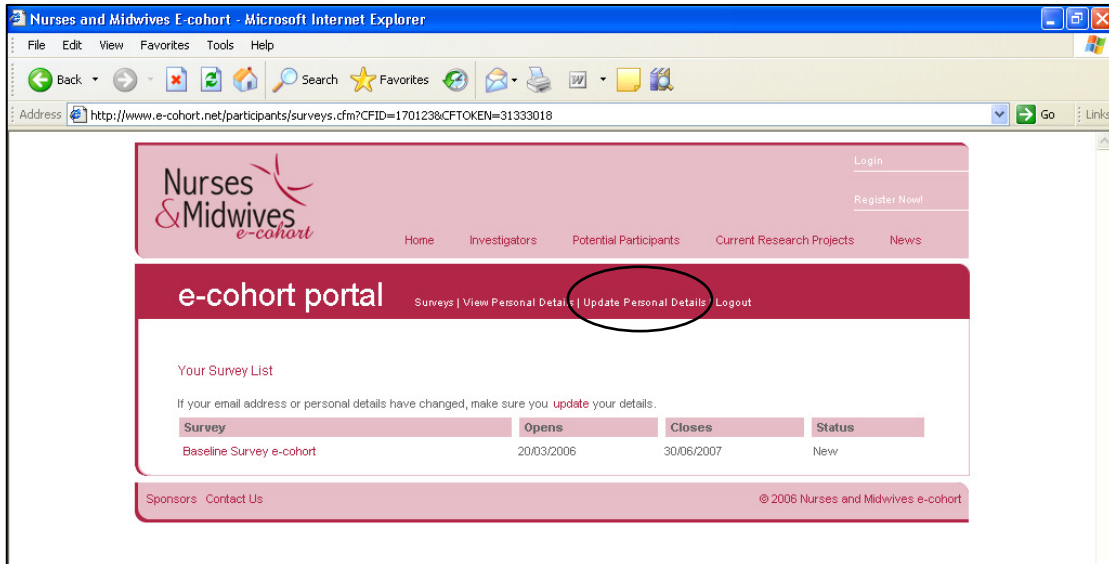


Figure Two: Personalised e-portal, with “Update Personal Details” link circled

- Enter your revised details (Figure Three), then click on the “Submit” button to save changes
- Once the changes have been made, you can continue to complete a survey or logout

Update Participant Details

First Name*: Kate
Last Name*: Calder
Date of Birth {dd/mm/yyyy}*: 01/05/1981
Country of birth: Please Select an option
Are you? Male Female
Are you a?: Please Select an option

Residential Information

Address:
Suburb:
Postcode:
State/Country: Please Select an option
Phone:
Mobile:
Email*: emilyyorkston@hotmail.com
NOTE: This Email is your Username. Please make sure that your email address is correct.

Figure Three: Personal details, available for editing